






Did you know ?

90% of the body's diseases first show signs and symptoms in your mouth? Taking care of your dental health is important to your overall health.


As a name trusted by federal employees for nearly 60 years, Blue Cross and Blue Shield cares about you and your family's overall health. That's why we offer a supplemental dental plan, FEP BlueDental®, to give you peace of mind about your family's dental health.

WITH FEP BLUEDENTAL, YOU GET:

-  Free preventive care when you visit in-network dentists
-  NO calendar year deductible for dental services
-  NO waiting periods for services under High Option
-  An unlimited annual benefit under High Option
-  Worldwide dental coverage



See a summary of 2020 FEP BlueDental benefits below:

Benefits	High Option		Standard Option	
	IN-NETWORK	OUT-OF-NETWORK	IN-NETWORK	OUT-OF-NETWORK
Class A (Basic) Services e.g., exams, cleanings, X-rays, sealants	100%	90%	100%	60%
	 THREE CLEANINGS A YEAR COVERED		THREE CLEANINGS A YEAR COVERED	
Class B (Intermediate) Services e.g., oral surgery, fillings, gum scaling	70%	60%	55%	40%
Class C (Major) Services e.g., crowns, bridges, implants, root canals, dentures	50%	40%	35%	20%
Class D (Orthodontic) Services Adults & Children	50% up to \$3,500 lifetime maximum per person	50% up to allowed amount	50% up to \$2,000 lifetime maximum per person	50% up to \$1,000 lifetime maximum per person
	NO WAITING PERIOD		12-MONTH WAITING PERIOD	
Annual Deductible for Class A, B and C Services Does not apply to Class D (Orthodontics)	No deductible	\$50 per person	No deductible	\$75 per person
Annual Maximum Benefits for Class A, B and C Services Does not apply to Class D (Orthodontics)	UNLIMITED MAXIMUM PER PERSON	\$3,000 per person	\$1,500 per person	\$750 per person

Who is eligible

- Retired uniformed service members and their families
- Retired Reserve members and their families

Learn more about eligibility at [BENEFEDS.com](https://www.benefeds.com)

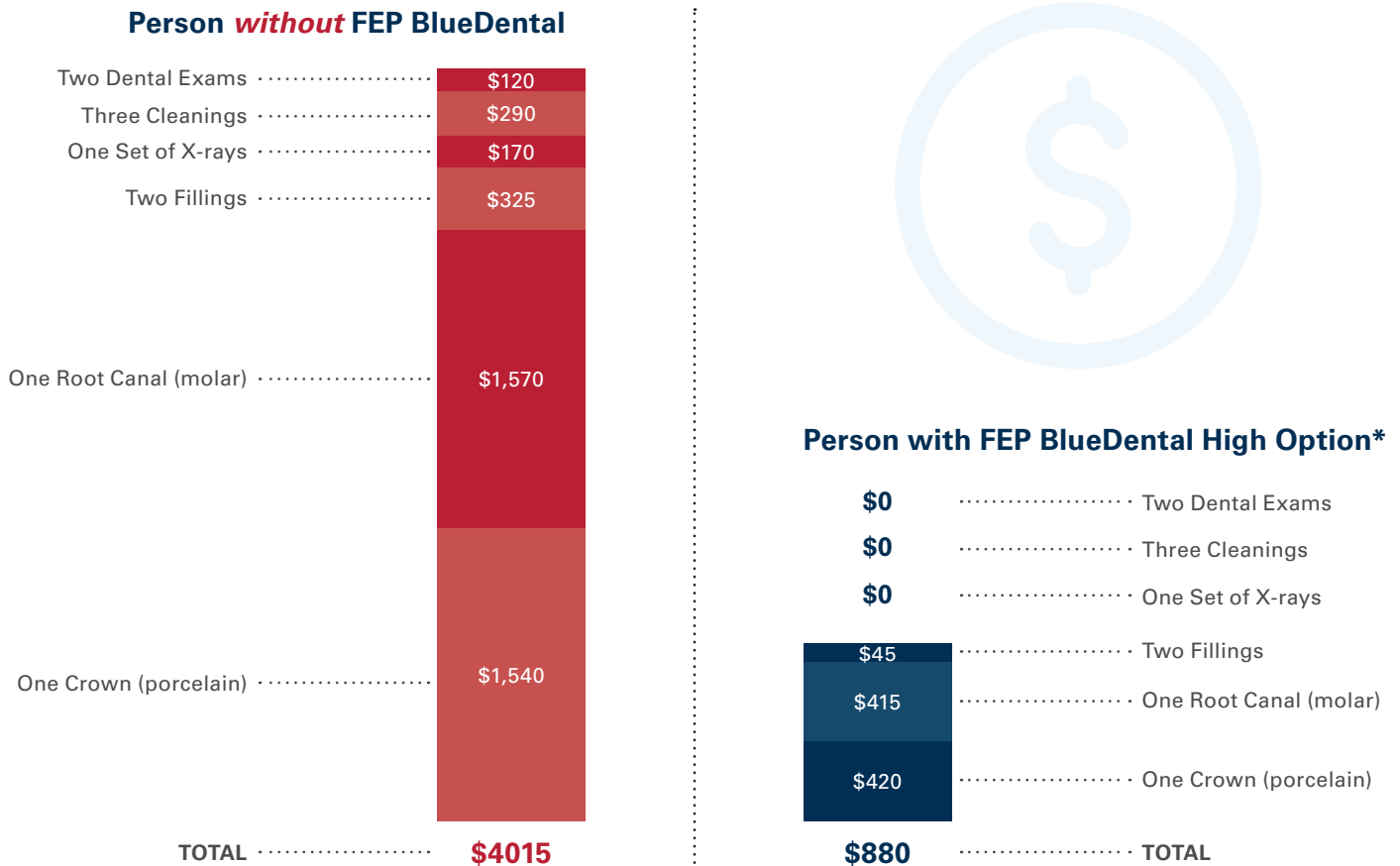
You save when you use in-network providers

- FEP BlueDental has nearly 300,000 provider points of access nationwide
- Your benefits also work overseas
- Find a provider at fepbluedental.com or by calling **1-855-504-2583**.



SAVINGS THAT WILL MAKE YOU SMILE

Having FEP BlueDental can save you a lot of money in out-of-pocket costs.



**Assumes you visit in-network providers.*

In addition to benefit savings, you can also save with our **Blue365 Discount Program**. With Blue365, you can get savings on things that go beyond dental coverage. These include discounts on hearing aids, tennis shoes, gym memberships, meal-kit delivery services, mortgages and so much more.

Learn more at blue365deals.com/fepbluedental.



Learn more about FEP BlueDental

Online: fepbluedental.com
 Phone: **1-855-504-2583**
 (8 a.m. to 8 p.m. EST, M-F)



Enroll in coverage

Online: BENEFEDS.com
 Phone: **1-877-888-3337**
 (8 a.m. to 9 p.m. EST, M-F
 During Open Season)